

POTTED BERRIES, FRUIT TREES, VEGETABLES and VINES

BERRIES

BRAMBLE FRUITS *Rubus spp.*

Brambleberries are rich succulent fruits that are produced on vigorous long trailing canes. These fruits are superb fresh, made into jams and jellies or filling for pies, tarts and muffins. The list goes on! They require support, training and pruning. Prepare the soil with plenty of compost and manure before planting. Plant in a position protected from strong winds and harsh sun. Keep moist.

BLACKBERRY *Rubus fruticosus*

Long trailing canes produce succulent berries in summer. Fruit ripens between January and March. Thornless varieties are available.

BOYSENBERRY *Rubus spp.*

Richly flavoured plump burgundy berries mature from December onwards. A constant cropper. Vigorous canes.

LOGANBERRY *Rubus x loganobaccus*

Stout trailing canes bear slightly tart red berries. Fruit ripens from early December.

RASPBERRY *Rubus iddeus*

Delicate soft berries are produced on long upright canes.

Summer fruiting, November to January. Autumn fruiting, December to April.

SILVANBERRY *Rubus spp.*

Large glossy rich tasting fruit that matures from December to March.

BUSHBERRIES

BLUEBERRY *Vaccinium spp.*

HIGHBUSH *Vaccinium corymbosum*

Mainly self-fertile but better crops are produced if both bees and other varieties are present. Highbush is the main type of blueberry for the cooler areas of Australia. This delicious berry is produced in clusters that ripen over mid to late summer. A deciduous shrub up to 3m. Spectacular bronze autumn foliage. Cool nights and warm sunny days develop the best flavoured fruit. Blueberries require an acid soil below pH 5.5 that is well-drained and retains moisture. Prepare soil with rich compost and manure. Keep moist and mulch well. They grow extremely well in pots. The fruit is delicious fresh or used in any number of desserts.

Early Season

Denise Large early maturing berry with excellent flavour. Small spreading shrub to 1.5m.

Northland Medium dark berry maturing early to mid season with a very sweet flavour. Vigorous bush up to 1.5m. Performs well in areas of extreme temperatures.

Early to Mid Season

Bluecrop Firm large berries maturing early to mid season.

Pleasant sweet flavoured berry. Shrub to 2m. This variety is site specific.

Blue Rose Mid season. A good flavoured berry that is tart before ripening. Excellent cooking variety. Fruit matures over a long period of about eight weeks with heavy yields.

Vigorous bush 2-2.5m.

Ivanhoe A mid season variety with small to medium sized

berries. Sweet flavour. Small shrub to 1.5m. Mid to late Season

Brigitta Large sweet firm berries produced mid to late season. Large bush to 2.5m. Yields well. An Australian developed variety.

Darrow Mid to late season variety with large flavoursome

berries. One of the nicest. Large bush to 2.5m.

Elliot Small strong flavoured berries that are tart before ripening. Small shrub to 1.5m. Good autumn foliage.

Plant is site specific.

Herbert Late ripening variety. Large strong flavoured berries that are slightly tangy. Shrub to 1.8m.

Michelle Mid to late season. Dark sweet fruit, excellent for desserts. Bush to 1.8m.

SOUTHERN Highbush

Generally self-fertile, but best planted with other varieties.

Evergreen Earliest fruiting. A small, aromatic, flavoursome berry. Shrub to 1.5m.

CAPE GOOSEBERRY *Physalis edulis*

Prolific sweet juicy fruit. Eaten fresh or preserved. The fruit

is encased in a papery green capsule, turning a light orange colour when ripe. A perennial shrub to 1m. Sun or part shaded position, keep moist and mulch well.

Self-seeds readily in the garden.

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CURRENTS Red, Black and White

An aromatic fruit valued for its high vitamin C content. Berries are produced in clusters that dangle gracefully from the branches. A culinary delight used in any number of ways from juice and cordial to sauces. A deciduous bush to 2m. Prepare the soil with generous helpings of manure and compost. Shelter from harsh winds, keep moist and mulch well.

RED CURRENT *Ribes sativum*

Produces fruit before the black current and can be trained on trellis. The fruit is cherry red and almost transparent, quite delicious. Shrub to 1.5m.

BLACK CURRENT *Ribes nigrum*

Champion A dense spreading bush with good flavour. Ripens mid season.

Goliath Large thin-skinned berries are produced on a large vigorous bush with good flavour. A little later than Champion.

WHITE CURRENT *Ribes rubrum*

Cream coloured berries produced in long loose cluster. They have a high pectin content. Birds love them too. Can also be trained on a trellis.

GOOSEBERRY *Ribes grossularia*

A delicious berry with a slight tartness. Ideal in jams and jellies. A deciduous shrub to 1 metre that may be trained and requires pruning. A well prepared soil with manure and compost will benefit this plant. Best grown in a cool moist position.

Captivator Thornless variety with a relatively low yield.

Champion Yellow skinned tasty berry. A vigorous productive bush. Late maturing.

Roaring Lion Yellow-green skinned fruit. Best suited to cooking.

STRAWBERRIES *Fragaria spp.*

Just about everyone loves strawberries and rightly so. They are fabulous fresh, made into jam and divine dipped in chocolate. A low perennial herb with leaves sprouting from the centre crown. Provide a warm position but not too hot. Best grown in raised beds with good drainage. Prepare soil with manure and compost in advance. Mulch well and keep moist. They also do well in pots and hanging baskets.

CITRUS TREES

The best time to plant citrus is spring and autumn in warmer areas. Very prolific bearers that should be planted in well manured and composted soil. Feed them regularly, keep them well watered and mulch their shallow roots. Plant in a sunny position and protect from frost when young.

CALAMONDON *Citrus madurensis*

A small citrus tree quite like a cumquat. The fruit is small round and has a loose skin. The taste is slightly tart and has quite a few seeds inside.

CHINOTTO *Citrus myrtifolia*

A medium sized fruit with rough knobbly skin, which is easy to peel. The flavour is somewhat like a sour orange and makes an excellent marmalade. An evergreen shrub 3-5 metres which does well as a hedge.

CITRON *Citrus medica*

The fruit is like an oversized lemon with rough knobbly skin and very little flesh. Prized for its delicate and lasting fragrance. The pith is very thick and makes wonderful candied peel. An attractive medium shrub that is sensitive to frost.

CUMQUAT *Fortunella species*

The fruit is small and quite tart with a semi sweet edible rind. Makes beautiful spicy marmalade, a tasty relish and is superb in brandy as a dessert. An evergreen shrub 2-6m. Suitable as a cold climate plant. Excellent tub specimen.

Marumi A round, slightly flattened, almost sweet fruit.

Nagami Oval, tear-shaped fruit that can be picked over a long period.

GRAPEFRUIT *Citrus parasisi*

The fruit is wonderfully large with a thick rind. The taste is bitter sweet. Can be eaten fresh or preserved. A large evergreen spreading shrub 3-5m.

Marsh A medium sized seedless fruit, with a smooth skin. Suitable for a hot climate.

Wheeny Quite a large fruit and very juicy. The best cold climate grapefruit.

LEMON *Citrus limon*

Every back yard needs a lemon. A versatile fruit mainly used for its tart flavoured juice and rind. Evergreen shrub 2-6m.

Lisbon The best tasting and juiciest lemon. Bears in autumn and winter.

Meyer A small to medium, round, thin-skinned fruit, yellow-orange in colour. Suitable for cooler areas. Perform well in pots. The main crop matures in winter.

LEMONADE

The lemonade is a cross between the Meyer lemon and a true lemon. The fruit is only mildly acidic and; made into lemonade, is simply delicious. An evergreen shrub 3-6m. Well suited to mild climates.

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LIME *Citrus spp.*

An evergreen medium shrub up to 3m. Young plants need to be protected from frosts. A small fruit that is ripe while still green. The yellow-green pulp has a unique aroma and flavour. Valued for its juice, rind and leaf flavour.

Tahitian *Citrus latifolia* A lemon like fruit with a dark green, thin skin and green flesh. Rind colour is pale, greenish yellow at maturity. The flavour is bittersweet and quite distinctive. Delicious in cool summer drinks, freshly squeezed onto fruit salad or made into lime pickles. A good, cold tolerant variety.

Kaffir *Citrus hystrix* Not a true lime. It is the leaf for which this plant is valued in flavouring Asian cuisine. An exquisite aroma is released from the leaf when cooked; it may be used dried but fresh is better. The fruit has a dark green, rough textured rind, which is also used in cooking. The pith of the fruit is thick with almost no flesh.

LIMEQUAT

As the name suggests this fruit is a delicious cross between a lime and a cumquat. It has its own distinctive flavour and makes wonderful juice and a delicious marmalade. A small evergreen shrub 2-4m. Makes an excellent ornamental pot specimen.

MANDARIN *Citrus reticulata*

A handsome evergreen shrub. The fruit is rich and sweet, though sometimes tangy depending on the variety. Eaten fresh or preserved, homegrown mandarins are delightful. The fruit should be clipped, not torn from the tree when picking.

Emperor Large fruit with quite a few seeds but of excellent flavour. A good mid season variety.

Imperial Small fruit with a sweet tangy flavour. Early ripening variety.

Silverhill Is the best of the early fruiting varieties. The fruit is sweet to taste and matures in early autumn. A good variety for cooler climates.

ORANGE *Citrus sinensis*

An evergreen shrub up to 6m. A fruit relished for its sweet juicy flavour. A versatile fruit with all parts used from juice to rind.

Blood Orange The pulp of this orange is dark red and streaky and the juice is blood red. The juice is abundant but needs a long hot summer to bring out its distinctive and extraordinary flavour. Matures in late winter.

Valencia Good flavoured fruit, excellent for juicing. Late spring and summer maturity. Suitable to cooler districts.

Washington Navel A delicious thin-skinned seedless variety with large round fruit. Excellent eating orange. Bears through winter and early spring.

PUMMELO *Citrus maxima*

An evergreen shrub to 3.5m. The largest of all the citrus fruits, an individual fruit can weigh up to 2kg. Similar to a grapefruit, the fruit has a very thick pith and skin with a firm crisp texture. Juicy and less bitter than a grapefruit. Makes great marmalade. Best grown in a warm climate or protected position.

TANGELO *Citrus x tangelo*

Evergreen medium shrub. A cross between a mandarin and grapefruit. A fresh unique tangy flavour and easy to peel. Best eaten fresh with their lovely aroma and refreshing juice.

Minneola Excellent deep reddish colour. Aromatic tangy flavour and extremely juicy.

GUAVAS

CHERRY or STRAWBERRY GUAVA

Psidium littorale var. longipes

The small, round fruit is borne green, ripening to maroon colour when it is fully ripe with a fragrant, slightly spicy aroma. The flesh is juicy with a slight strawberry flavour when eaten fresh, sometimes a little tangy. When cooked the taste resembles cherry. Makes lovely jam and jelly. An evergreen large shrub 3-4m. Hardy in sun or part shade. Grows well in just about any soil, although it performs better if it is well fertilised and mulched. Tolerates light frost and semi-dry conditions.

YELLOW CHERRY GUAVA

Psidium littorale var. (lucidum)

This yellow fruited guava is slightly different to the red guava. The fruit is larger and a lot sweeter and without the tang. Once again the fruit is delicious either fresh or cooked. An evergreen large shrub 3-4m. Hardy in sun or part shade. Grows well in just about any soil, though it performs better if it is well fertilised and mulched. Tolerates light frost and semi-dry conditions.

CHILEAN GUAVA *Myrtus ugni*

Exquisite tiny purple-red berries produced in autumn. When ripe the fruits swell and the colour fades slightly. Eaten fresh or preserved, the flavour is aromatic, sweet, tart and highly delicious. Hardy evergreen shrub for sun to part shade, 1-2m. Best planted in well composted soil, protected from the hot afternoon sun, avoid letting the plant dry out completely. Makes an excellent hedging plant.

FEIJOA or PINEAPPLE GUAVA *Feijoa sellowiana*

Delectable sweet fruit with a taste all of its own and the scent of pineapple. Fruit is borne in autumn and can be eaten fresh or made into jam or jelly. An extremely hardy evergreen shrub to 5m. Plant in full sun or part shade in well-drained soil. To produce an abundance of fruit, it is best planted in well prepared soil, kept well watered and mulched. Makes an excellent screening shrub.

LOQUAT *Eriobotrya japonica*

A pleasant flavoured fruit with a smooth skin and soft pulp. The yellow fruit ripens in the spring. A large spreading evergreen tree up to 7 metres that makes an excellent garden specimen. Plant in a position protected from high winds and heavy frosts. Prepare a well composted soil when planting. Keep moist during the growing season.

Mulch well.

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OLIVE *Olea europaea*

They say you plant olive trees for your grandchildren; what a good idea! An exquisite fruit that is eaten pickled and is also valued for its oil. An attractive evergreen tree up to 6 metres, that is useful for hedge and windbreaks. Prepare the soil for planting with manure and compost, feed regularly. Plant in full sun and well drained soil. Keep moist during flowering and fruit setting period.

Barouni A table olive with large fruit and a large stone. A good bearer. Low spreading tree. Early maturing.

Kalamata Famous Greek table variety. Medium sized fruit. Pickle green or black. Produces a medium crop.

Mansanillo A dual-purpose variety with both good oil content and a good table olive. Medium sized fruit. A very heavy bearer, early maturing. Low spreading tree.

Mission A small high quality table fruit with good oil content. Tall tree that is resistant to cold.

Nab Tamri A table olive with very large fruit. A heavy bearer that enjoys hot conditions and has a low chill requirement. A rather large tree.

Sevillano (syn, Spanish Queen) An excellent table olive. A large sized fruit with abundant flesh and heavy yields. Low oil content. Spreading tree.

UC-13A6 Selected from the University of California. An excellent table olive with a small pit. A large, almost round fruit with plenty of flesh. Early to mature and easy to pick. Heavy bearer.

Verdale Good quality fruit with good oil content. The yield is moderately heavy. Low spreading tree.

PERSIMMON *Diospyros kaki*

An exquisite orange-red fruit borne on a handsome deciduous tree from 3-7m. The fruit remains in the tree after the leaves have fallen. The glossy broad leaves change to brilliant deep yellow, orange and red in autumn. A uniquely flavoured fruit with a sweet taste that may require some after-ripening of some varieties to reduce the astringency. Persimmons require a well drained soil and like to be fertilised in autumn. Frost is not usually a problem, though the new spring growth can be tender. Protection from wind is important. Keep well watered during the growing season.

Dai Dai Maru An astringent flat and slightly square medium sized fruit. Sweet juicy flesh, best eaten when fully ripe. Early season maturity. A small rounded tree with vigorous upright growth.

Fuyu A non-astringent flat fruit with a sweet flavour, eaten firm. Mid season maturity. Compact, rounded tree with weeping branches when the fruit is borne.

Hyakumo An astringent large round dark orange fruit. Sweet rich flavour when fully ripe. Mid season maturity. Cross-pollination is recommended; Dai Dai Maru is suitable. Suited to cooler climates. A small rounded tree.

Nightingale An astringent large conical fruit light orange in colour. Excellent to eat when fully ripe and quite soft. Late season maturity. Small rounded tree.

Tanenashi An astringent medium to large conical fruit. Pale skin and flesh with good flavour when fully ripe. Early to mid season maturity. Medium sized tree with a semi-weeping habit.

POMEGRANATE *Punica granatum*

An exquisite fruit with tiny sweet juicy seed capsules encased in a beautiful papery orange red case. A deciduous large shrub or small tree. A hardy plant that grows almost anywhere and withstands dry conditions. However, with good irrigation and well-prepared soil this tree will flourish and produce spectacular quality fruit.

TAMARILLO *Cyphomandra betacea*

Dark red or orange egg shaped fruit that hang like decorations from a tree. A distinctly flavoured fruit that can be eaten fresh or made into delicious jams and jellies. Evergreen shrub to 4 metres for a sunny to part shade position. Responds well to pruning and heavy mulching. Frost tender.

VINES

GRAPES *Vitis vinifera*

A deciduous vigorous climber requiring annual pruning for best production. Easily grown, suited to warm temperate and cold climate areas.

Wine varieties

Chardonnay A small green grape of premium quality and distinctive character. Early maturity. Suited to cool regions.

Gordo A large white muscat grape with a sweet flavour. Mid season maturity. Suited to a warm climate.

Table Grapes

Black Muscat Round dark red juicy fruit with a bloom. A good strong muscat flavour, excellent dessert variety. Late maturity. Suits a wide climate range.

Purple Cornichon A very large purple grape. Late maturity suited to a warm climate.

Sultana A green, small to medium sized grape with a good sweet flavour. Seedless and fleshy. Mid season maturity. Suitable for a warm dry climate.

Waltham Cross A yellow greenish skin. Large long oval shape with a crisp texture and very good flavour. Mid to late season maturity. Suited to a warm dry climate.

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KIWI FRUIT OR CHINESE GOOSEBERRY

Actinidia deliciosa

Quite a distinctive flavoured fruit. Very high in vitamin C, excellent eaten fresh or made into juice. Vigorous deciduous climber for sun to part shade. Requires both male and female plant for pollination. Prefers well manured and mulched soil and it is essential to keep the plants moist, particularly when flowering.

Bruno Long and cylindrical fruit that is a little smaller and slightly sweeter than Hayward. A vigorous vine that is a prolific bearer.

Hayward Large fruit, wide and oval in shape. A pleasant flavour with good keeping qualities.

PASSIONFRUIT *Passiflora edulis*

A truly sensational summer fruit. The fruit has a dark, almost black, firm outer shell, with edible delicious orange-yellow pith and black seed inside. A very fast growing evergreen climber for a sunny position. For best results the soil should be well prepared with manure and compost. Protect from frost when young. Best planted in spring in cooler areas.

VEGETABLES

Artichoke *Cynara scolymus*

A gourmet vegetable with a distinct flavour. The flower head and stalk are eaten when cooked or pickled. A delicate clean aniseed flavour remains in the mouth after eating. Rich in vitamins. Plant in well prepared soil with plenty of cow manure. Full sun is best. A biennial plant to 1.5m.

NEW ZEALAND YAMS *Oxalis tuberosa*

Eaten baked, roasted, steamed or just how you like it, this creamy tuber is sensational. Fleshy leaves and stems sprout through the soil and should be mounded with soil, like potatoes. The yams are harvested in the autumn as the foliage dies down and are variable in size and shape. Prepare the soil well with good compost and keep moist.

PEPINO *Solanum muricatum*

Variable in size and shape, the flavour of this fruit is similar in taste and texture to a rock melon. When ripe the colour is cream or pale yellow, often with a purple stripe. A small leafy plant that grows well in a pot in sun to part shade. Keep moist.

RHUBARB *Rhwan rhabarbarum*

The slender stems, which are often burgundy-red, are eaten cooked and are just delicious with apples. The leaves are inedible and are POISONOUS. A hardy perennial for sun to part shade. Prefers well prepared soil with plenty of compost and manure.

TARO *Colocasia esculenta*

An edible root vegetable similar to potatoes. Large lush leaves bob on tall stems that are also edible and are commonly used in soup. Growing partially submerged in water, the plant tolerates drought but not frost, often becoming dormant in winter in cooler areas.

YACON *Polyminia sonchifolia*

A tall leafy plant with yellow daisy flowers. Large dahlia-like tubers are produced underground and are harvested in autumn when the foliage dies down. The edible tubers are delicious raw and can also be cooked. The flavour is somewhat like a water chestnut. Enjoys sun to part shade and well prepared soil. Keep moist.